
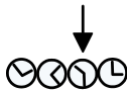

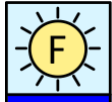

 Most of my days at school are the same. Sometimes there are



 changes. Sometimes changes feel different.















 On Friday, I don't have to wear my school uniform. I can wear






 my own clothes. This is because the school are raising money for














 Children in Need. The other children at school will wear clothes





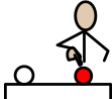

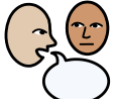





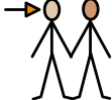









 with spots or stripes on Friday. This will look different. I might









 feel worried or excited. It is ok to feel this. I can tell my






 teacher and they will help me.




 I do not have to wear different clothes if I do not want to. It is



ok

to



wear

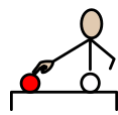


my



uniform

if



that



makes



me



happy.



When

there is



change



I



must



listen

to the



adults



who



help



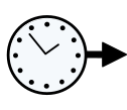
me.



Soon

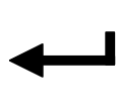


things

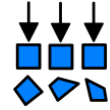


will

be



back to



normal.