



Learning for life!

Meridian Newsletter

Term 4

**Monday 22nd February –
Thursday 1st April**

Term 5

**Monday 19th April – Friday
28th May**

www.meridianschool.co.uk



**Meridian Community Primary
School and Nursery**



@MeridianCPS

**Monday
22nd
March
2021**

Dear Parents and Carers

I hope you are all well and keeping safe.

Children settling back in

It's been 2 weeks now since all the children have returned to school and it has been lovely to have them all back and settling in so well. Over these 2 weeks the team at Meridian have been working incredibly hard to support children in reconnecting with their friends, their classes and the adults in school. They have also been working hard to re-establish the behaviour and learning expectations of being in school. Most of the children have settled back well and for those that are finding it hard, they are being supported in lots of different ways. Thank you for your support in reinforcing the messages that the children are getting in school by making sure they are ready, respectful and safe at Meridian.

Free School Meals

East Sussex County Council have organised for parents of children eligible for benefits related free-school meals to get a £35 per child to support with meals over the Easter Holidays. These will be ordered **next week** and a notification will be sent out with information about this. **If you have changed your email address since the last vouchers were sent, please inform the school office.**

Face Coverings and social distancing

We have seen a great improvement in the number of adults wearing face coverings when coming on to the school site for drop off and pick up – thank you for your support with this. Thank you also for ensuring that your children are staying with you at all times so that we can all keep each other safe.

Take care and best wishes

C. Westcott

Claire Westcott
Headteacher

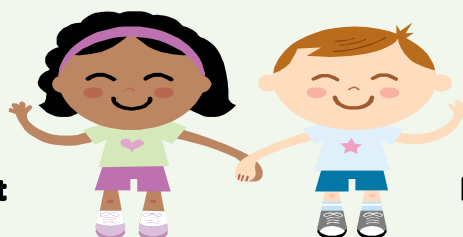
strength

kindness

respect

honesty

responsibility



TERM DATES 2020/2021

Term 4

Monday 22nd February – Thursday 1st April

Term 5

Monday 19th April – Friday 28th May

Monday 19th April – school closed for staff training

Tuesday 20th April – school closed for staff training

Children back to school on Wednesday 21st April

Term 6

Monday 7th June – Friday 23rd July

FINAL TWO INSET DAYS ARE:

Monday 19th April

Tuesday 20th April

IMPORTANT DATES

01.04.21 End of term 4

16.04.21 New Reception school allocations to parents

19.04.21 School Closed for Staff Training

20.04.21 School Closed for Staff Training

21.04.21 Children back to school for term 5

Mental Health and Behaviour

We are starting to see a small, but increasing, number of children who are telling adults in school that the reason they have shown inappropriate behaviour in school is due to their mental health.

Whilst we all acknowledge that some children's mental health has been affected by the pandemic and lockdowns, we all have to help the children to recognise their feelings and develop strategies to help them feel better or manage these feelings.

However, we also need to make sure that children understand that feeling angry or low does not mean they can behave in ways that affects the learning and safety of others.

If you think your child has developed mental health issues which are impacting on them being able to manage day to day, please do go to your GP for advice.

The school also has access to a mental health worker and school counsellor who may be able to support, however there are waiting lists for these services.

We are committed to supporting all the children at Meridian in understanding the importance of keeping physically and mentally healthy and developing strategies to help them with this.

Please help us to support all the children in school by ensuring your children know how to ask for help if they are feeling angry, low, sad or frustrated. We will continue to talk to the children about this in school too.

School and home is a partnership and by working together, including following up with your children if we call you, we can ensure everyone is happy and safe at school.

Thank you for your support with this.

School Uniform

From Wednesday 21st April, all children will need to be in full school uniform.

Grey – trousers, shorts, skirt, pinafore

White – polo shirt, shirt

Royal Blue – jumper, cardigan – these do not need to have a logo on and are available at Asda as well as online

Grey – socks with trousers, shorts or tights with skirts/pinafores

White – socks with skirts/pinafores

Black – shoes/trainers – no logos please

Summer Dresses – blue and white

Earrings – stud earrings only

Hair – all long hair needs to be tied back.

Extreme haircuts, such as mohicans and shaved patterns/images, and dyed hair, are not considered appropriate for school.

Thank you for your support with this and we look forward to seeing everyone in their school uniform next term.



Holiday food and fun!

FREE for families receiving
benefits-related free school meals.

C.A.T.S CLUB

Are very pleased to announce we are
able to offer fully funded places for
families that are receiving Benefit
related free school meals

Please contact us to discuss your
needs and book your places

Our Play Scheme will run from
6th – 16th April 7.30am – 6pm

Call us on 07951878939

Or drop us a direct message



During school holidays at Easter, summer and Christmas,
our Holiday Food and Fun clubs will be serving up a menu of
activities and food for children and young people aged 5-16.



Department
for Education



Holiday food and fun!

East Sussex
County Council



C.A.T.S CLUB PEACEHAVEN

EASTER

Holiday Playscheme

CRAFT • GAMES • COOKING • FUN

6th - 16th APRIL

FULL AND HALF DAY SESSIONS

BASED AT PEACEHAVEN AND TELSCOMBE

FOOTBALL CLUB

7.30AM - 6PM



01273 588762 / 07951878939

WWW.CATSClubAFTERSCHOOL.CO.UK

