

# House Sports

...the story so far...

## Congratulations

A massive congratulations goes to **Reuben in Year 5 JB** for coming first in the area **Virtual X-Country** competitions where 192 children were entered.

Normally Reuben would progress to the next stage by representing the area in the East Sussex competition but unfortunately due to COVID restrictions these are not happening this year.

Fingers crossed for next year.

## Overview

Throughout this term the children have been looking at specific fitness tests related to their general fitness; **strength, endurance, speed and agility.**

All children have completed either some or all of the following test;

**Standing Long Jump**

**Vertical Jump**

**10 x 10 Speed Test**

**Chest Push**

**Speed Bounce**

All the results have been ordered to find which boy and girl came 1st, 2nd or 3rd. However, every child has earned points towards their Sports House no matter what distance or time the children achieved.

**Read on for the individual year results....**



## Year 5 & 6

### Virtual Sports Hall Athletics Competition

These children's results were automatically entered into the area competition where their results will be positioned compared to ALL the schools entered in the area.

**Results to follow.....**

## Current House Standings



Overall Position	
1st	Red
2nd	Yellow
3rd	Green
3rd	Blue

## Sports Hall Athletics Fitness Tests

Congratulations to all children for their strength and determination in completing the test to the best of their ability. Below are the top three boys & girls in each test.

### YEAR 1

#### BOYS

Standing Long Jump	
Brody	1.25
Daniel	1.2
Dominik	1.13

10 x 10 Shuttle Run	
Zachary	39.8
Albie	40.2
Alexander	40.3

#### GIRLS

Standing Long Jump	
Theia	1.11
Isla	1.11
Jessica	1.07

10 x 10 Shuttle Run	
Theia	39.4
Isla	40.8
Kimberly	41.9

### YEAR 2

#### BOYS

Standing Long Jump	
Bay	1.35
Ralphy	1.34
Noah	1.3

10 X10 Shuttle Run	
Bay	36.5
Harvey	37.3
Spencer	38.4

Chest Push	
Stanley	5.75
Oliver B	5
Luca	5

Speed Bounce	
Harvey	45
Bay	43
Oakley	43

#### GIRLS

Standing Long Jump	
Rebecca	1.33
Kaitlyn	1.16
Imogen	1.16

10 X10 Shuttle Run	
Amelie	37.5
Saffron	38.7
Joan	39

Chest Push	
Romily	4.5
Anika	4
Lola	4

Speed Bounce	
Poppie	38
Imogen	38
Erin	38

### YEAR 3

#### BOYS

Standing Long Jump	
Tyler	1.51
Ethan	1.41
John	1.39

10 x 10 Shuttle Run	
Tyler	32.5
John	34.1
Dylan	34.5

Chest Push	
John	4.25
Ethan	3.75
Theo V	3.75

Speed Bounce	
Theo V	49
John	45
Tyler	45

#### GIRLS

Standing Long Jump	
Mathilda	1.4
Zoe	1.34
Jessica	1.34

10 x 10 Shuttle Run	
Lara	34.8
Mia	34.9
Mathilda	37.3

Chest Push	
Mathilda	3.5
Poppy H	3.5
Madelyn	3.25

Speed Bounce	
Lara	50
Zoe	50
Jessica	41

## Overall House position in Sports Hall Athletics

Year 1		
1st	Yellow	817
2nd	Red	774
3rd	Green	684
4th	Blue	484

Year 2		
1st	Blue	867
2nd	Yellow	842
3rd	Green	772
4th	Red	672

Year 3		
1st	Blue	642
2nd	Red	615
3rd	Yellow	613
4th	Green	602

## Sports Hall Athletics Fitness Tests

Congratulations to all children for their strength and determination in completing the test to the best of their ability. Below are the top three boys & girls in each test.

### YEAR 4

#### BOYS

#### GIRLS

Standing Long Jump	
Nathan	1.6
Ernie	1.5
Finlay	1.5

10 x 10 Shuttle Run	
Brayden	31.3
Jayden	32.8
Jesse	32.6

Standing Long Jump	
Phoebe C	1.48
Jessica	1.45
Isla	1.42

10 x 10 Shuttle Run	
Jessica	32
Gracie	33.7
Poppy W-S	35.1

Chest Push	
Jayden	4.5
Brayden	4.25
Sidney	4.25

Speed Bounce	
Patrick	46
Isaac	44
Ruaridh	43

Chest Push	
Poppy W-S	4
Erica	4
Amelia M	4

Speed Bounce	
Emmie	42
Mazie	41
Lexie	41

Vertical Jump	
Brook	37
Oliver W	33
Elliott	30

Vertical Jump	
Lexie	33
Emmie	32
Isla	31

## Overall House position in Sports Hall Athletics

First		Second		Third		Forth	
Red	1788	Green	1684	Blue	1393	Yellow	1245

## Sports Hall Athletics Pentathlon Award

In year 4 all the children were entered into the UK Athletics Sports Hall Pentathlon Award. The children are judged on the fitness testing results they completed and given points relevant to the time or distance they achieved. All these points are added together and then they are awarded relevant level.

Below are the TOP 10 boys & girls in the year:

Pentathlon	
Emmie	Step 7
Phoebe C	Step 7
Isla	Step 6
Lexie	Step 6
Poppy W-S	Step 6

Pentathlon	
Brayden	Step 8
Brook	Step 7
Jayden	Step 7
Elliott	Step 7
Patrick	Step 7



## Sports Hall Athletics Fitness Tests

Congratulations to all children for their strength and determination in completing the test to the best of their ability. Below are the top three boys & girls in each test.

### YEAR 5

#### BOYS

Standing Long Jump	
Jake	1.77
Joshua	1.76
Jayden	1.75

10 x 10 Shuttle Run	
Jayden	32.8
Jake	32.8
Cameron	34.5

Chest Push	
Jayden	6.25
Jake	5.25
Joshua	4.25

Speed Bounce	
Jayden	34
Harrison	31
Jake	30

Vertical Jump	
Jayden	31
Jake	29.5
Leo	29

#### GIRLS

Standing Long Jump	
Lacey	1.68
Aliya	1.6
Isla	1.53

10 x 10 Shuttle Run	
Bethan	34.5
Lacey	35.4
Romani	35.7

Chest Push	
Peyton	5
Aliya	4.25
Kaya-Lily	4.25

Speed Bounce	
Bethan	37
Aliya	36
Ruby P	35

Vertical Jump	
Bethan	30.5
Cerys	30
Aliya	28

### Overall House position in Sports Hall Athletics

First		Second		Third		Forth	
Blue	785	Red	727	Green	724	Yellow	724

### Sports Hall Athletics Pentathlon Award

In year 5 all the children were entered into the UK Athletics Sports Hall Pentathlon Award. The children are judged on the fitness testing results they completed and given points relevant to the time or distance they achieved. All these points are added together and then they are awarded relevant level.

Below are the TOP 10 boys & girls in the year:

Pentathlon	
Aliya	Step 8
Bethan	Step 8
Ruby P	Step 7
Romani	Step 6
Lacey	Step 6

Pentathlon	
Jayden	Bronze
Jake	Bronze
Leo	Step 7
Josh	Step 7
Harrison	Step 6



## Sports Hall Athletics Fitness Tests

Congratulations to all children for their strength and determination in completing the test to the best of their ability. Below are the top three boys & girls in each test.

### YEAR 6

#### BOYS

Standing Long Jump	
Lewis K	1.88
Finley	1.87
Ryan	1.82

10 x 10 Shuttle	
Kyle	25.9
Dexter	30.6
Kane	31

Chest Push	
Ryan	6
Dexter	6
Jaik	6

Speed Bounce	
Lewis K	40
Ryan	37
Finley	36

Vertical Jump	
Finley	33
Dexter	33
Harley	31

#### GIRLS

Standing Long Jump	
Alix	2.15
Kyla	1.8
Ronianne	1.56

10 x 10 Shuttle	
Charlotte M	32.7
Chloe	34.8
Alyssa	35.1

Chest Push	
Freiya	4.75
Lexie	4.75
Kaycey	4.75

Speed Bounce	
Izabella	36
Millie	36
Chloe	32

Vertical Jump	
Chloe	27
Emily	26
Kyla	25

### Overall House position in Sports Hall Athletics

First		Second		Third		Forth	
Yellow	1385	Blue	1347	Green	1289	RED	1263

## Sports Hall Athletics Pentathlon Award

In year 6 all the children were entered into the UK Athletics Sports Hall Pentathlon Award. The children are judged on the fitness testing results they completed and given points relevant to the time or distance they achieved. All these points are added together and then they are awarded relevant level.

Below are the TOP 5 boys & girls in the year:

Pentathlon	
Alix	Bronze
Kyla	Step 7
Freiya D	Step 6
Chloe	Step 6
Olivia T	Step 6

Pentathlon	
Lewis K	Bronze
Ryan K	Bronze
Finlay	Step 10
Kyle S	Step 10
Charlie O	Step 10





## Other Sports House Competitions

In addition to the Sports Hall Athletics the children have also competed in some team competitions. As always these were high contested and the children showed tremendous **determination** to when along with showing **respect** to there fellow opponents.

The results were as follows:

Year 5 New Age Kurling	
1st	Yellow
2nd	Red
3rd	Blue
4th	Green

Year 6 Uni—Hoc	
1st	Blue
2nd	Green
3rd	Yellow
3rd	Red

### Overall Results so far.....

After Dodgeball, Cross Country, Sports Hall Athletics, New Age Kurling and Uni-Hoc the positions are follows:

Overall Position		
1st	Red	1737.5
2nd	Yellow	1737.5
3rd	Green	1500
3rd	Blue	1325

### Future Competition



**Gymnastics**